

SIMPLE

Social Integration of Migrants and activation of Paths for Learning and Employability

About SIMPLE



The SIMPLE project – Social Integration of Migrants and activation of Paths for Learning and Employability – is going to develop an innovative approach to be applied for facilitating the **narration of past stories and events faced by migrant women**. Simple will help women to **restore their emotional and psychological wellbeing** and **support a full and fruitful process of social and economical inclusion into the new community**. The project activities put in the centre migrants with a special attention to women traumatised by the travel and the human trafficking. In the SIMPLE project the concept of **empowerment** acquires a significant meaning, as an individual and organized process, through which individuals can reconstruct their ability to choose, design and regain the perception of their own value, their potential and new opportunities.

HERE'S WHAT'S UP!

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SIMPLE OVERVIEW

SIMPLE programme

The project's activities are divided in **5 Intellectual Outputs** and will be developed in two years framework: **from November 2019 until October 2021** by a partnership of 7 institutions from 6 countries: Sweden, Italy, Spain, the Netherlands, Germany and UK. The project is co - funded by the **Erasmus+ Programme of the European Union**.

27-28 May 2020 Training for trainers - presentation of the Approdi approach

At the end of May, Antoniano Onlus in cooperation with Approdi (Italy) provided an online staff training: **MIGRANTS' STORIES THROUGH THE USE OF IMAGES**, during which a new narrative tool using SHUAN TAN'S GRAPHIC NOVEL "THE ARRIVAL" was presented.





About the first results

Presentation of the IO1

In the initial phase of the project, the SIMPLE partnership carried out a **research** composed of practices collection and interviews with professionals. We mapped 80 practices and consulted 60 intermediaries working with migrants.

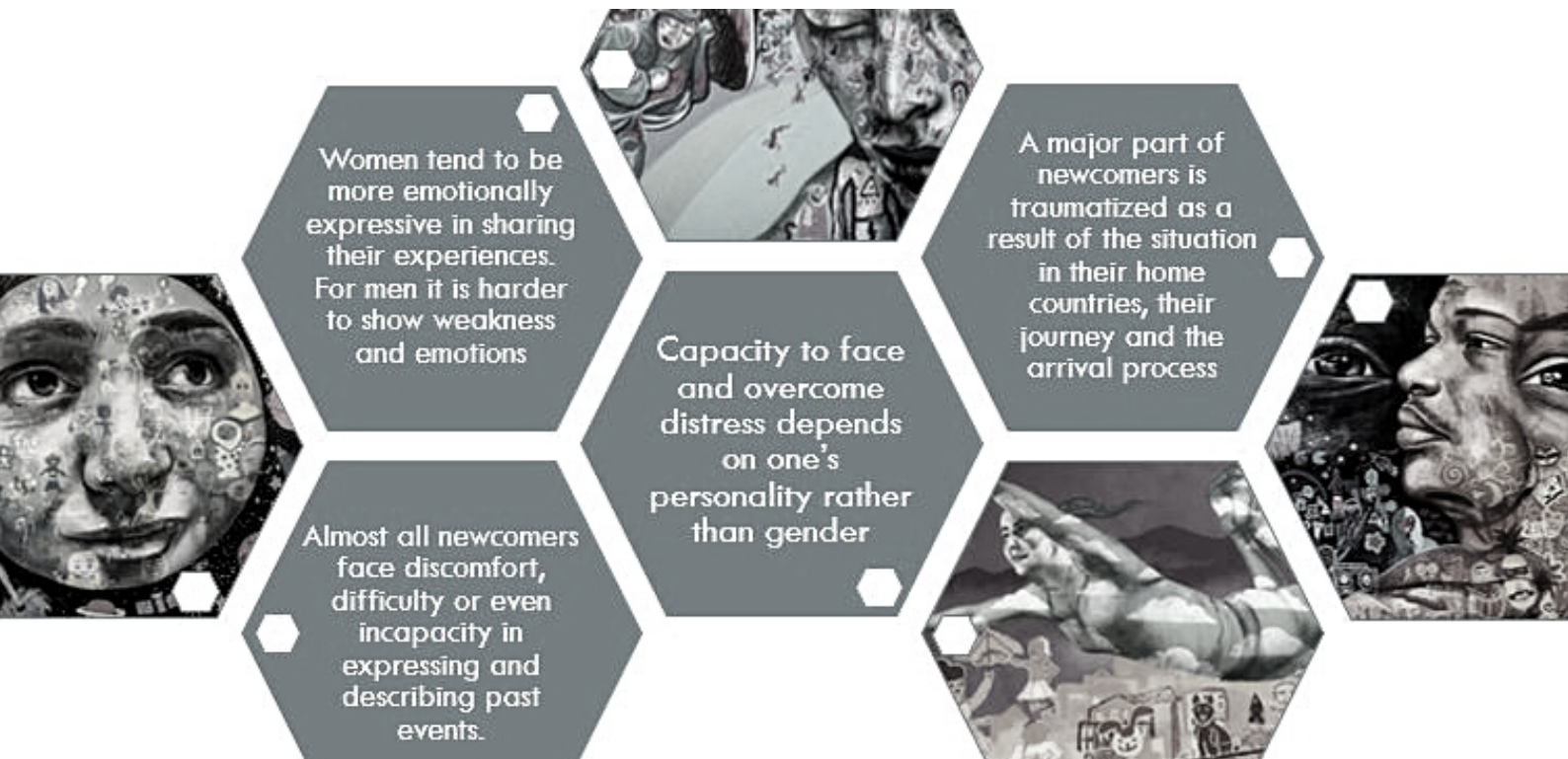
What we were looking for?

Alternative non-verbal tools and approaches, helpful in the elaboration and expression of past distressing stories, events.

"ALTERNATIVE
APPROACHES AS CATALYSTS FOR
SELF-DISCOVERY AND HEALING"

"THE POWER OF ART - IT GIVES
A WAY TO EXPRESS FEELINGS
WHEN IT'S JUST TOO PAINFUL TO
SPEAK"





MIGRANT WOMEN'S MOST PREFERABLE WAYs TO EXPRESS AND DESCRIBE DIFFICULTIES

According to the research

NONVERBAL TECHNIQUES - which include symbolic language, BASED ON ART and THEATER PERFORMANCE;

GROUP MENTORING:

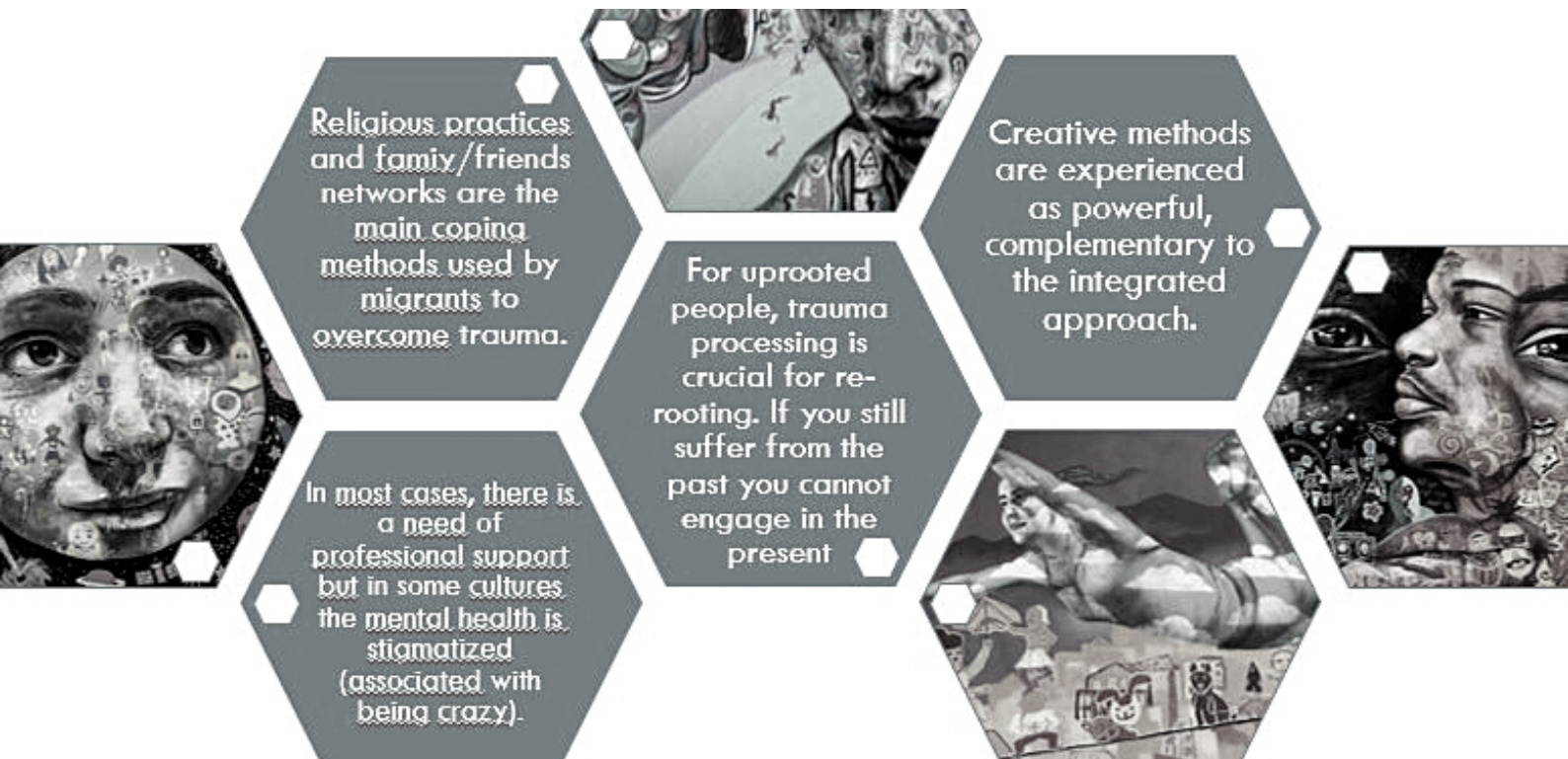
WOMEN EMPOWERING WOMEN;

INTENSIVE INDIVIDUAL SUPPORT;

THE VERBAL PART is important but as the following step. Traditional verbal techniques are perhaps among the most difficult to achieve (difficulty to explain suffering in words, linguistic obstacle).

"GRAPHIC NARRATIVES - A VALUABLE MEDIUM FOR EXPLORING THE LONG-TERM EFFECTS OF BEING A REFUGEE, ILLUSTRATING HOW A PERSONAL STORY IN THE PRESENT IS HAUNTED BY TRAUMATIC MEMORIES FROM THE PAST"





What's next

Planned activities

The research activity and the training prepared us to better develop next SIMPLE activities:

- IO2: the visual narrative model and the guide on how to provide the methodology;
- IO3: development of materials and tools; organisation of the pilot training in each country;
- IO4: development of the pathways to socio-economic inclusion;
- IO5: development of the sustainability guidelines.

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"IT IS VERY IMPORTANT TO OVERCOME THE SITUATION OF DISTRESS TO SUCCESSFULLY INTEGRATE WITH THE NEW COMMUNITY. TRAUMA IS HEAVY LUGGAGE..."

